

# What's On?

## Triple P, Positive Parenting Programme

### Discussion Groups

Please see upcoming Parenting Discussion Groups across the city.

Referrals to Discussions Groups should be made on a Request for Support form and sent to the MAST Business Support team in area.

For more information, please talk to one of the Parenting Specialists in your area

<u>Discussion Group</u>	<u>Date/Time</u>	<u>Venue</u>
<b>0-12 – Hassle-free Shopping with Children</b>  This topic uses shopping trips as an example of one of the most common times parents have to deal with difficult behaviour in public. Positive parenting strategies are discussed as step-by-step suggestions for preventing problems in this and other potentially difficult community situations.	Monday 2 <sup>nd</sup> October 2017 09:15-11:15am	Meynell Primary School – Meynell Rd, Sheffield S5 8GN
	Friday 06 <sup>th</sup> October 2017 09:30-11:45am	Primrose Children's Centre – Creswick St S6 2TN
	Thursday 26 <sup>th</sup> October 2017 09:30-11:45	Scowerdons – Wickfield Road S12 4TL
<b>0-12 Dealing with Disobedience</b>  This discussion group covers why some children have difficulty learning to follow instructions. The group explores strategies and parents develop a personal plan to teach their child limits and manage disobedience when necessary.	Tuesday 10 <sup>th</sup> October 2017 09:15-11:15am	Sheffield Town Hall – Pinstone Street, Sheffield S1 2HH
<b>0-12 Developing Good Bedtime Routine</b>  This discussion topic explores different problems parents commonly face at bedtime and some of the reasons why they happen. The skills children need to get into a good bedtime routine are discussed and parents are introduced to positive parenting strategies to help prevent problems.	Thursday 26 <sup>th</sup> October 2017 12:45-14:45	Emmaus Catholic and Church of England Primary School – 126 Southend Road, Sheffield S2 5FT
<b>Teen – Coping with Teenagers' emotions</b>  In this session parents discuss some of the reasons teenagers have emotional reactions and skills that teens need to calm themselves down. Several positive parenting strategies are introduced to help parents teach their teen to better manage their emotions.	Tuesday 17 <sup>th</sup> October 2017 10:00-12:15pm	Landsdown Community Meeting Room – 206 Club Garden Road Sheffield S11 8BX
<b>Teen – Building Teenagers' Survival Skills</b>  This discussion topic explores why teenagers sometimes make risky decisions and how they can learn to keep themselves safe while gradually developing independence. Parents are introduced to positive parenting strategies to help their teen plan for a situation which may potentially put their health or wellbeing at risk.	Thursday 19 <sup>th</sup> October 2017 17:00-19:00pm	Birley Community College – 40 Thornbridge Avenue Sheffield S12 3AB
<b>Teen – Reducing Family Conflict</b>  During this discussion, parents explore experiences of conflict with their teenager and discuss why sometimes this occurs in families. Positive parenting strategies are introduced to help parents teach their teens how to get along with other family members and resolve problems.	Monday 16 <sup>th</sup> October 2017 09:00-11:30	Junior School – South View Road Sheffield S7 1DB