

What's On?

Triple P, Positive Parenting Programme

Discussion Groups

Please see upcoming Parenting Discussion Groups across the city.

Referrals to Discussions Groups should be made on an Early Help Assessment Part 1 and sent to the MAST Business Support team in area.

For more information, please talk to one of the Parenting Specialists in your area

Discussion Group	Date/Time	Venue
0-12 – Hassle-free Shopping with Children This topic uses shopping trips as an example of one of the most common times parents have to deal with difficult behaviour in public. Positive parenting strategies are discussed as step-by-step suggestions for preventing problems in this and other potentially difficult community situations.	Wednesday 13 th December 4pm – 6.15pm	Town Hall, Pinstone Street S1 2HH
	Thursday 14 th December 9.00am – 11.15am	Lower Meadows Primary School, Batemoor Road S8 8EE
0-12 - Managing fighting and aggression with children under 12 In this session, parents are encouraged to share their experiences of aggressive and destructive behaviour from their children and discuss some of the reasons children fight. This group covers the skills that children need to be able to cooperate and get along with others. Parents learn how to teach skills such as sharing, communicating, and being gentle. They also prepare plans to manage times when fighting and aggression do occur.	Thursday 30 th November 9.00am – 11.15am	Lower Meadows Primary School, Batemoor Road S8 8EE
	Monday 4 th December 09:30am – 11:45am	Sharrow Old Junior School (OJS), Southview Road S7 1DB
	Tuesday 5 th December 5:15pm – 7:30pm	Town Hall, Pinstone Street S1 2HH
	Wednesday 6 th December 10am – 12:15pm	Landsdowne Community Meeting Rooms, 206 Club Garden Road S11 8BX
	Thursday 7 th December 09:30am – 11:45am	Shortbrook Primary school, 26 Pedley Grove Westfield, Sheffield S20 8EW
0-12 Dealing with Disobedience This discussion group covers why some children have difficulty learning to follow instructions. The group explores strategies and parents develop a personal plan to teach their child limits and manage disobedience when necessary.	Friday 17 th November 9.00am-11.15am	Mansell Primary, Chaucer Rd, Sheffield S5 9QN
	Thursday 23 rd November 09:30am – 11:45am	Town Hall, Pinstone Street S1 2HH
	Thursday 30 th November 5:15pm – 7:30 pm	Town Hall, Pinstone Street S1 2HH
0-12 Developing Good Bedtime Routine This discussion topic explores different problems parents commonly face at bedtime and some of the reasons why they happen. The skills children need to get into a good bedtime routine are discussed and parents are introduced to positive parenting strategies to help prevent problems.	Thursday 16 th November 12:30pm to 14:45pm	Hillsborough Primary School, Parkside Road Sheffield S6 2AA
	Tuesday 28 th November 9:00am to 11:30am	Malin Bridge Primary School, Dykes Ln, Sheffield S6 4RH
Teen – Coping with Teenagers’ emotions In this session parents discuss some of the reasons teenagers have emotional reactions and skills that teens need to calm themselves down. Several positive parenting strategies are introduced to help parents teach their teen to better manage their emotions.	Tuesday 21 st November 5:30pm – 7:45 pm	Stocksbridge High School, Shay House Lane Sheffield S36 1FD
	Tuesday 5 th December 5pm – 7:15pm	Birley Community College, Birley Ln, Sheffield S12 3BP
Teen – Building Teenagers’ Survival Skills This discussion topic explores why teenagers sometimes make risky decisions and how they can learn to keep themselves safe while gradually developing independence. Parents are introduced to positive parenting strategies to help their teen plan for a situation which may potentially put their health or wellbeing at risk.	Thursday 23 rd November 5:15pm – 7:45pm	Town Hall, Pinstone Street S1 2HH
	Monday 11 th December 6pm – 8.15pm	Town Hall, Pinstone Street S1 2HH
Teen – Reducing Family Conflict During this discussion, parents explore experiences of conflict with their teenager and discuss why sometimes this occurs in families. Positive parenting strategies are introduced to help parents teach their teens how to get along with other family members and resolve problems.	Wednesday 22 nd November 09:30 – 11:45am	Arbourthorne Social Centre, 550 East Bank Road, S2 2AL
	Tuesday 12 th December 10am – 12:15pm	Landsdowne Community Meeting Rooms, 206 Club Garden Road S11 8BX
Teen – Getting Teenagers to Cooperate During this discussion, parents share some of their experiences and ideas about dealing with non-cooperation and discuss reasons why teenagers can be uncooperative. Several positive parenting strategies are introduced to help parents develop a plan to motivate their teenager to be cooperative at home	Thursday 16 th November 10am – 12:15pm	Town Hall, Pinstone Street S1 2HH
	Wednesday 13 th December 12:30pm – 2:45pm	Landsdowne Community Meeting Rooms, 206 Club Garden Road S11 8BX